



## Mental Health Transformation Grant

## Transforming Our Services Communally (TASC) Tanana Chiefs Conference - Alaska

Local Service Area: 25 communities in the Interior of Alaska

**Primary Service Focus:** Prevention/Early Intervention

**Secondary Focus:** Trauma and Justice

**Project Director:** Shannon Sommer-Kashevarof

Project Team Members: James Emory Welch, Carol J. Cirocco, Jodi Trojan

CMHS Project Officer: Mary Blake

**Evidence-Based Practice(s):** Assertive Community Treatment, ATRIUM, Spirituality in Recovery, Illness Management and Recovery, WRAP

**Project Description:** The Tanana Chiefs Conference *Transforming Our Services Communally (TASC)* project provides a comprehensive, culturally appropriate response to the historical, cultural, and personal trauma experienced by Interior Alaska Natives and the serious mental illnesses impacting their communities. We strive to enhance our existing behavioral health and primary care system by fully integrating mental health screening into primary care, creating a system where positive mental health screens are followed up immediately with further screening and assessment, and reframing the context of services to adapt Trauma-Informed Care (TIC) as the base for services. Our project offers community-based mental health outreach, prevention, screening, and early intervention with volunteer peer advocates working in their communities to prevent the incidence of serious mental illness. We also adapt the Assertive Community Treatment, Spirituality in Recovery, and ATRIUM treatments and interventions for clients experiencing trauma.